

# PSYCY 598

## crisis intervention workshop

### WHEN?

Winter interim Dec 13-16, 2008

### CREDIT:

Three hours of Psychology or unrestricted elective

### SIGN-UP:

Psychology Department, McClain Hall 214, for yellow card approval

### TOPICS:

Personal stress management, relaxation skills, how to talk to friends and loved ones in crisis, person abuse, death and dying, depression and suicide, dysfunctional families, eating disorders, teen pregnancy, rape, sexual orientation, and substance abuse

### WHY THIS WORKSHOP?

“I learned more in this class than I have in most, if not all other classes, I have taken. The knowledge that I gained is more applicable to my life and my future than other classes have been.”

“Almost everything that I learned I can apply to my life. The speakers were great!”

### CONTACT:

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